

# Brazilian Jiu-Jitsu

COME TRAIN WITH THE BEST

at MacDill  
Fitness Center



TAMPA

OWNED & OPERATED BY

**ROB KAHN**

(BLACK BELT UNDER ROYCE GRACIE)

MATT

"NO REGARD"

ARROYO

ALLEN

"MONSTAH LOBSTAH"

BERUBE

HOME OF THE ULTIMATE FIGHTERS

Classes offered

**Mon & Wed • 1530-1630**

**Cost: \$120 monthly**

BONUS: Fee includes use of off-base training facility; ask for details!

Class needs a minimum of 10 students. Call 828-4496 for more information.

MACDILL  
**Fitness  
& Sports**

MacDill AFB  
**SERVICES**  
Combat Support & Community Service