

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brunch: Ginger BBQ Chicken Fried Breaded Shrimp Beef Manicotti/Cannelloni Supper: Chicken Parmesan Saubraten Baked Fish D28 31					Lunch: Lasagna Spaghetti w/ Meat Sauce Chicken Cacciatore Dinner: Mexican Baked Chicken Country Style Steak Stuffed Green Pepper D26 1	Brunch: Fish Almandine Stir Fry Chicken w/ Broccoli Pork Chops w/Mush Gravy Supper: Crispy Baked Chicken* Baked Canned Ham w Sauce Beef Yakisoba* D27 2
Brunch: Ginger BBQ Chicken Fried Breaded Shrimp Beef Manicotti/Canelloni Supper: Chicken Parmesan Saubraten Baked Fish D28 3	Lunch: Swiss Steak w/Tom. Sauce Baked Chicken* Sweet Italian Sausage Dinner: Boneless Roast Turkey Rib eye Steak Tempura Fried Fish D1 4	Lunch: Lemon Fish w/Garlic* Pork Schnitzel Beef Spaghetti Yakisoba* Dinner: Roast Loin of Pork BBQ Beef Cubes Chix Fajitas D2 5	Lunch: Ethnic Meal Italian#3 Dinner: Spaghetti w/Meat Sauce Swiss Steak w/ B. Gravy Fried Chicken D3 6	Lunch: Pork Chops w/Mush Gravy Liver w/ Onions Fried Fish Dinner: Mr. Z's Chicken Pepper Steak Pasta Primavera* D4 7	Lunch: Shrimp Scampi Beef Stew Boneless Roast Turkey Dinner: Chili Macaroni* BBQ Chicken Southern Fried Catfish Pizza Nite** D5 8	Brunch: Savory Baked Chicken Swedish Meatballs Creole Shrimp Supper: Baked Fish Simmered Knockwurst Chinese 5 Spice Chicken D6 9
Brunch: Oven Fried Fish BBQ Spare Ribs Chicken Breast Parmesan Supper: Stir Fry Beef w/Broccoli Turkey Nuggets Pork Chop Suey D7 10	Lunch: Roast Loin of Pork Pot Roast Baked Stuffed Fish Dinner: Spaghetti w Meat Sauce Strip Loin Steak Roast Turkey D8 11	Lunch: Teriyaki Chicken Veal Parmesan Plt. Alaska Cheddar B. Fish Dinner: Country Capt Chicken Meatloaf Turkey Ala King D9 12	Lunch: Ethnic Meal Mexican#4 Dinner: Lemon Herbed Chicken Sweet & Sour Pork Jambalaya D10 13	Lunch: Herbed Baked Chicken Beef & Noodles Southern Fried Catfish Dinner: Roast Loin of Pork Chicken Cordon Bleu Veal Jagersnitzel/M Sauce D11 14	Lunch: Mexican Baked Chicken Country Style Steak Stuffed Green Peppers Dinner: Lasagna Spaghetti w/ Meat Sauce Chicken Cacciatore D12 15	Brunch: Crispy Baked Chicken* Baked Canned Ham w Sauce Beef Yakisoba* Supper: Fish Almandine Stir Fry Chicken w/ Broccoli Pork Chops w/Mush Gravy D13 16
Brunch: Chicken Parmesan Saubraten Baked Fish Supper: Ginger BBQ Chicken Fried Breaded Shrimp Beef Manicotti/Canelloni D14 17	Lunch: Boneless Roast Turkey Rib eye Steak Tempura Fried Fish Dinner: Swiss Steak w/Tom. Sauce Baked Chicken* Sweet Italian Sausage D15 18	Lunch: Roast Loin of Pork BBQ Beef Cubes Chix Fajitas Dinner: Lemon Fish w/Garlic* Pork Schnitzel Beef Spaghetti Yakisoba* D16 19	Lunch: Ethnic Meal Southern#1 Dinner: Baked Fish*** Sub Swiss Steak w/ B. Gravy Fried Chicken D17 20	Lunch: Mr. Z's Chicken Pepper Steak Pasta Primavera* Dinner: Pork Chops w/Mush Gravy Liver w/ Onions Fried Fish D18 21	Lunch: Chili Macaroni* BBQ Chicken Southern Fried Catfish Dinner: Shrimp Scampi Beef Stew Boneless Roast Turkey Mongolian BBQ** D19 22	Brunch: Baked Fish Simmered Knockwurst Chinese 5 Spice Chicken Supper: Savory Baked Chicken Swedish Meatballs Creole Shrimp D20 23
Brunch: Stir Fry Beef w/Broccoli Turkey Nuggets Pork Chop Suey Supper: Oven Fried Fish BBQ Spare Ribs Chicken Breast Parmesan D21 24	Lunch: Sub** Baked Fish Strip Loin Steak Roast Turkey Dinner: Roast Loin of Pork Pot Roast Baked Stuffed Fish D22 25	Lunch: Country Capt Chicken Meatloaf Turkey Ala King Dinner: Teriyaki Chicken Veal Parmesan Plt. Alaska Cheddar B. Fish D23 26	Lunch: Ethnic Meal Asian#2 Dinner: Lemon Herbed Chicken Sweet & Sour Pork Jambalaya D24 27	Lunch: Roast Loin of Pork Chicken Cordon Bleu Veal Jagersnitzel/M Sauce Dinner: Herbed Baked Chicken Beef & Noodles Southern Fried Catfish D25 28	Lunch: Lasagna Spaghetti w/ Meat Sauce Chicken Cacciatore Dinner: Mexican Baked Chicken Country Style Steak Stuffed Green Peppers D26 29	Brunch: Fish Almandine Stir Fry Chicken w/ Broccoli Pork Chops w/Mush Gravy Supper: Crispy Baked Chicken* Baked Canned Ham w Sauce Beef Yakisoba* D27 30

AF/Local Specialty Meals**

Pizza Nite 10 Aug 07
 Mongolian BBQ 24 Aug 07

Weekly Lunch Specials

Monday- Pasta Bar
 Tuesday- Taco Bar/ Jalapeno Poppers
 Wednesday - Chicken Tenders/Cheese Steak Sub/Ruben Sand

Thursday - Pizza/Sloppy Joes/Cheese sticks
 Friday - Buffalo Wings/Cheese Fishwich/Corn Dog
 Macaroni & Cheese wedges